

School Readiness

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Who we are

Teachers from the Speech and Language Centre

EYFS Lead/ Phase Leader/ SENDCo

Experience of working with EYFS settings/ Integrated Early Years



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What is School Readiness?

Term often used to describe how ready children are to start school.

This includes their: Social skills, Physical skills, Academic skills





What can you do?

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Stories and Rhymes

Share songs and books

Read with your child – talk about likes and dislikes

Talk about pictures in the story and comment on what is happening in each

Visit the Library with your child

Read books about starting school

Consider 'quiet time' share stories at bedtime, with no/ little distractions





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Learning new words

Play sorting games when shopping, folding the washing etc.

Items can be sorted into different piles, such as clothing, toys and things for washing ourselves.

Simplify this further:

Socks/ not socks

Fruit / not fruit

Talk about new words when you're out and about – comment on what it is and what it does

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Talk about what you have done during the day

Use time words like:

first, next, last

Yesterday, today, tomorrow





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Supporting Play & Using Language

Play with your child – get down with them on the floor

Role play

Comment on what they are and what you are doing

Extend the language e.g. 'A car' – 'A big, red car'

Encourage turn taking – your turn/ my turn A Mailan A-



Active Listening

Say your child's name to gain their attention before delivering an instruction





Instructions

Say your child's name before giving an instruction

Minimise instructions – chunk down, one at a time

Repeat an instruction and give your child time to process the instruction given

Increase the amount of information as your child becomes more able to follow the instruction given

Play games like 'Simon Says'



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Self Help

Dressing and undressing themselves

Using the toilet independently, including washing and drying their hands

Blowing their nose on a tissue

Eating independently

Encourage your child to ask for help if they are unsure – 'Help please.'





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Feelings

Name different emotions with your child *Happy, sad, scared, worried, excited*

Reassure your child about their feelings, reinforce that it is OK to feel that particular way

Speak to staff if your child is feeling worried or anxious

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Helping!

Encourage your child to help you tidy up when they have finished playing

Give praise for helping

Give them a special 'tidy up' job

Consider the use of a reward chart







Visual Pack



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